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Validation of a Muscle-Specific Tissue Image-Analysis Tool for Quantitative Assessment of Dystrophin Staining in Frozen Muscle Biopsies

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• Context.—Duchenne muscular dystrophy is a rare, progressive, and fatal neuromuscular disease caused by dystrophin protein loss. Common investigational treatment approaches aim at increasing dystrophin expression in diseased muscle. Some clinical trials include assessments of novel dystrophin production as a surrogate biomarker of efficacy, which may predict a clinical benefit from treatment.

Objectives.—To establish an immunofluorescent scanning and digital image-analysis workflow that provides an objective approach for staining-intensity assessment of the immunofluorescence dystrophin labeling and determination of the percentage of biomarker-positive fibers in muscle cryosections.

Design.—Optimal and repeatable digital-image capture was achieved by a rigorously qualified fluorescent scanning process. After scanning qualification, the MuscleMap (Flagship Biosciences, Westminster, Colorado) algorithm was validated by comparing high-power microscopic field total and dystrophin-positive fiber counts obtained by trained pathologists to data derived by MuscleMap. Next, the algorithm was tested on whole-slide images of immunofluorescent-labeled muscle sections from Duchenne muscular dystrophy, Becker muscular dystrophy, and control patients.

Results.—When used under the guidance of a trained pathologist, the digital image-analysis tool met predefined validation criteria and demonstrated functional and statistical equivalence with manual assessment. This work is the first, to our knowledge, to qualify and validate immunofluorescent scanning and digital tissue image-analysis workflow, respectively, with the rigor required to support the clinical trial environments.

Conclusions.—MuscleMap enables analysis of all fibers within an entire muscle biopsy section and provides data on a fiber-by-fiber basis. This will allow future clinical trials to objectively investigate myofibers dystrophin expression at a greater level of consistency and detail.

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Muscular dystrophies are a genetically and phenotypically heterogeneous group of muscle diseases characterized by myonecrosis, regeneration, and endomysial fibrosis, leading to progressive muscle wasting. Duchenne muscular dystrophy (DMD) is a severe, X-linked, recessive disorder that affects approximately 1 in 3500 to 5000 live male births worldwide, making it one of the most common, recessive disorders in humans. Becker muscular dystrophy (BMD) is milder and less frequent than DMD, affecting 1 in 11 500 males.

The skeletal-muscle histopathologic hallmarks of DMD are muscle fiber atrophy and hypertrophy, myonecrosis, and regeneration with progressively more severe endomysial

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fibrosis and fatty replacement leading to a gradual decline in muscle function. In the clinical trial setting, therapeutic interventions designed to restore dystrophin production and functional localization can only be directly confirmed by evaluation of appropriately sampled muscle-biopsy specimens.

Even though reliable dystrophin quantification is urgently needed to support efficacy findings in multiple ongoing clinical trials, assessment of the protein’s expression remains challenging. In recent years, the need to detect subtle changes in biomarkers of disease progression within the tissue context has spurred the development of image-analysis techniques. With computational means to assess biomarkers, researchers can rapidly analyze hundreds to thousands of myofibers across entire muscle sections, aiming for an objective assessment of the tissue. Paramount for reproducible image analysis of fluorescent signals is a standardized scanning approach on properly qualified equipment by trained personnel. In addition, the importance of exposure times for optimal scanning conditions and analysis is critical. Specifically, within the context of dystrophin quantification in DMD research, many publications (when scanning conditions are disclosed) document that an exposure time was sought that put dystrophin staining intensity of control samples in the middle of the dynamic range. However, when the described method is used to quantify dystrophin changes in BMD and DMD samples, that approach limits the overall dynamic range for those samples, making the detection and quantification of small changes in dystrophin levels tremendously challenging.

No image-analysis studies conducted before this validation study, to our knowledge, included the appropriate scanning qualification and algorithm validation that has the potential to accurately quantify small, yet meaningful, increases in dystrophin expression at the rigor required for use as outcome measures in clinical trials. Additionally, many publications do not specify whether the analysis process was overseen or guided by a pathologist experienced in evaluating immunofluorescent-labeled muscle tissues.

With this current work, we are documenting a workflow and scanning qualification process, in combination with an algorithm validation that recapitulates a manual scoring paradigm. These results display functional and statistical algorithm validation that has the potential to accurately quantify small, yet meaningful, increases in dystrophin expression at the rigor required for use as outcome measures in clinical trials. Additionally, many publications do not specify whether the analysis process was overseen or guided by a pathologist experienced in evaluating immunofluorescent-labeled muscle tissues.

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5 minutes with phosphate-buffered saline. Coverslips were mounted with ProLong Gold (ThermoFisher Scientific, Waltham, Massachusetts).

**Slide Scanning and Manual Image Annotation**

Slides were scanned at ×20 in the fluorescein isothiocyanate (FITC) and tetramethylrhodamine (TRITC) detection channels on a 3DHISTECH Pannoramic MIDI fluorescent scanner (PANMIDI; PerkinElmer, Waltham, Massachusetts) at optimal exposure times and following established protocols (see supplemental digital content Figures 1 and 2). Scanned images were manually annotated within ImageScope (Leica Biosystems, Buffalo Grove, Illinois) before analysis. One large inclusion annotation was drawn around the muscle tissue intended for analysis. Smaller exclusion annotations were placed around areas omitted from analysis, eg, tissue folds, staining artifacts, regions of fibrofatty tissue, areas of necrosis, among others. All annotations were performed by a trained technician and reviewed and approved by a pathologist.

**Selection of High-Power Fields for Analysis**

To enable manual pathology review, high-power field (HPF) images were generated from the whole slide scans of samples CTRL-1 through 5, BMD-1 through 5, and DMD-1 through 9. The GridMap (Flagship Biosciences, Westminster, Colorado) algorithm plugin for ImageScope was used to generate 15 HPF annotations (size, 750 × 750 μm) selected at random locations throughout the annotated tissue of each slide resulting in a total of 285 HPF images. These grid annotations were transferred to the single-channel TRITC or FITC images, and images were exported that captured the content of each HPF.

**Manual Scoring**

Four board-certified pathologists performed the manual scoring of samples. All pathologists participated in a training session to gain proficiency in (1) applying the scoring paradigm, and (2) the use of ImageJ software (National Institutes of Health, Bethesda, Maryland) for manual scoring.

After training and before scoring samples, all pathologists were required to demonstrate linear correlation for both total fiber count and positive fiber count (minimum requirement, Pearson \(r \geq 0.75\)) to a predefined gold standard per a fifth experienced pathologist by scoring a training set of images under standardized conditions described below. All pathologists obtained a linear correlation greater than 0.98 for the total number of fibers and greater than 0.94 for the dystrophin-positive fibers.

**Manual Scoring Paradigm**

For merosin labeling, any labeled structure that was identified by the pathologist as a muscle fiber was counted in ImageJ as a muscle fiber. Fibers cut off by the edge of the HPF were counted as muscle fibers if both a piece of the membrane and a region of the sarcoplasm that the membrane encompasses were visible and unambiguously identifiable as muscle fibers. This procedure yielded total fiber counts for each HPF evaluated.

For dystrophin labeling, myofibers at or above a predefined labeling intensity threshold were counted as positive if that labeling was 30% or more of the individual fiber’s total circumference (Figure 1). Visually identifying membrane staining at or above the intensity threshold was included in pathologist training and testing.

**Manual Scoring Process**

The 285 HPFs generated (described above) were separated into their individual FITC and TRITC channels, resulting in 570 HPFs total. Those HPFs were split evenly among the four pathologists, with matching FITC and TRITC images assigned to the same pathologist for manual evaluation of total fiber numbers (by FITC) or dystrophin-positive fibers (by TRITC). To ensure the greatest amount of comparability between the individual pathologist’s assessments, all pathologists evaluated HPFs individually in an enclosed and darkened room under standardized conditions. All pathologists used the same computer, software, and monitors to evaluate HPFs, within the same room, and with the same controlled lighting conditions. Room access and usage was restricted and documented. Pathologists only had access to the HPFs they were assigned. They evaluated those images per the scoring paradigm described above and saved the counts generated in ImageJ to the computer. Those data were considered the raw data of the pathologist’s scores, including both a total fiber count and a positive fiber count.

**Tissue Image Analysis: MuscleMap**

The MuscleMap (MM) algorithm was specifically developed for the analysis of muscle fiber biomarkers and used for dystrophin quantification in the current application. For this study, the algorithm defined fibers based on both morphometrics and the FITC labeling for merosin. Based on the FITC signal, a membrane mask was generated allowing quantification of dystrophin per TRITC labeling in membrane areas only. Primary data outputs included, but are not limited to, mean membrane intensity for each fiber in a biopsy, cumulative percentage membrane-intensity curves for all fibers in the biopsy, and classification of individual

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**Figure 1.** Schematic examples of the manual-scoring paradigm. Schematic ring structures each represent a muscle fiber with its membrane. Different shades of gray represent different staining intensities (white, no staining). The examples cover a range of fiber staining with their corresponding scores. All scores are independent of fiber size or shape.
fibers as either positive or negative based on pathologist-chosen dystrophin intensity and membrane completeness thresholds (ie, the percentage of the membrane circumference that displayed dystrophin labeling above the intensity threshold). Those pathologist-chosen settings were set at the beginning of the study and maintained on all samples.

MM Validation Study Design

The MM algorithm was validated in installation qualification, operational qualification, and performance qualification testing processes. Briefly, the algorithm was (1) tuned with unblinded HPFs, (2) tested for concordance with the pathologists on blinded HPFs, and (3) run on whole slide scans and reviewed by a pathologist in a fashion that mimicked the use of the validated process in future clinical trials and research studies. The WSIs were manually annotated (described in Materials and Methods) to define the region of analysis. Algorithm solutions were developed and adjusted as described in testing phase A. Both the annotations and the algorithm performance were visually reviewed and approved by a pathologist. Minimum passing criteria for algorithm performance during pathologist’s review were (1) correct identification of approximately 75% of myofibers, and (2) correct classification of dystrophin-positive or dystrophin-negative for approximately 75% of detected fibers. Percentages were visually estimated. If an algorithm solution did not meet those criteria, no data were generated for that WSI. To meet MM validation criteria, pathologist-approved algorithm solutions were required for at least 75% of all WSI samples (ie, 15 out of 19 samples [79%]).

Interrun Comparison

To demonstrate interrun reproducibility by MM, 10 dual-labeled HPFs (CTRLs [2 of 10; 20%], BMDs [4 of 10; 40%], and DMDs [4 of 10; 40%]) were analyzed with the same algorithm parameters on 5 separate days. Algorithm results were extracted for statistical analysis. All statistical analyses were performed with R (version 3.3.2, R Development Core Team, Vienna, Austria).17 Statistical significance was set at the usual \( \alpha = .05 \) level.

Comparison of Manual Scoring to MM Scoring on HPFs

Equivalence between MM and manual scoring was evaluated by comparing the rate ratio between the 2 counting modalities to a null hypothesis using a 2 one-sided test procedure. If MM and manual counting modalities were equivalent, the rate ratio between the 2 would be 1.0. Therefore, the null hypothesis for the 2 one-sided tests was that the rate ratio (the modality-fixed effect) was both (1) less than three-quarters or 0.75, and (2) greater than four-thirds or 1.33. The alternative hypothesis—that both MM and manual counting had equivalent rates—was that the rate ratio was both (1) greater than or equal to three-quarters or 0.75, and (2) less than or equal to four-thirds or 1.33. That hypothesis was set to establish the equivalence margin; that range represents the
clinically meaningful deviation allowable for the MM algorithm relative to the manual counting. The confidence level was set at 95%, which corresponds to calculating a 90% CI for the 2 one-sided test framework, and limits were calculated by profiling the likelihood function. A rate ratio in which the confidence limits fell within the bounds of the equivalence margin would indicate that the MM algorithm and manual counting were statistically equivalent.

Interrun Comparison of the Algorithm on HPFs

An analysis of variance was conducted on total and positive fibers to estimate the amount of variance attributable to different runs of MM. The residual variance was the variance that was not accounted for by the subject factor. That estimates how variable the MM would be when run on separate days with the exact same parameter settings. Acceptable residual variance was equal to 2% or less of total variance.

RESULTS

MM Validation on HPFs

Before the capturing of whole slide scans, the fluorescent scanner was qualified for reproducibility through a detailed performance qualification of the fluorescent scanning procedure (see supplemental material). As outlined above, randomly selected HPFs (Figures 3, A through L) were generated from all dual-labeled slides (Figure 3, A, E, and I). The FITC (Figure 3, B, F, and J) and TRITC (Figure 3, C, G, and K) color channels were separated and manually scored. Evaluation of FITC images resulted in a total fiber count per image and the TRITC image evaluation yielded the number of dystrophin-positive fibers present in each HPF. These data were compared with total fiber and positive fiber counts generated by the MM algorithms (markup examples are shown in Figure 3, D, H, and L). After that comparison yielded satisfactory statistical results (the algorithm development and tuning phase; statistical analysis data not shown), the process was repeated on HPFs for which the team was blinded to the manual evaluation data (algorithm testing phase A). Statistical analysis demonstrated equivalence between the manual evaluation and the digital image analysis of HPFs by meeting the predefined validation criteria in which ratios and confidence limits were between 0.75 and 1.33 (Figure 4). In general, MM algorithms slightly undercounted the total number of fibers (rate ratio, 0.901; 95% CI, 0.850–0.955), whereas the percentage of positive fibers was close to the data derived from the manual evaluation (rate ratio, 0.976; 95% CI, 0.904–1.055). The undercounting of total fibers was likely due pathologists being instructed to count all fibers at the edge of the HPF during the manual evaluation, even if partially cut off by the field of view. During digital-image analysis, however, the MM algorithm did not include all such edge fibers in its analysis, but only those fibers in which most of the fiber was present in the HPF. That situation would not be present in the intended use setting in which WSIs were being evaluated.
MM Validation on WSIs (Algorithm Testing Phase B)

After MM met the validation criteria for the HPF analysis stage (phase A), scans of the entire muscle section (Figure 5, A through L) were then analyzed. Dual-stained, dystrophin-labeled slide images were captured (Figure 5, A, B, E, F, I, and J). Algorithm solutions previously used on HPFs were tuned for optimal fiber identification on WSIs, whereas dystrophin quantification and fiber classification parameters were not changed from the previous phase. To test MM performance in a workflow that closely resembled the intended future use of the tool, no manual scores were generated on WSIs before image analysis. Algorithm markups were reviewed by a pathologist and required to meet predetermined validation criteria for accurate total fiber classification and adequate classification and enumeration of positive fibers recapitulating the manual scoring paradigm. To that end, algorithm markups were reviewed (Figure 5, D, H, and L), in comparison to isolated TRITC channel images (Figure 5, C, G, and K). The reviewing pathologist classified an algorithm as passed or failed based on the aforementioned criteria. When feasible, failed algorithms were further tuned to improve total fiber detection and reevaluated by the reviewing pathologist. At least 75% of the WSIs analyzed were required to pass the pathologist’s review to meet the predetermined validation criteria. All samples (19 of 19; 100%) passed the pathologist’s review. Depending on the size of the native biopsy, 1375 to 17,618 fibers were analyzed per sample (CTRLs, 1375–6332 fibers; BMDs, 1816–5921 fibers; and DMDs, 2149–17,618 fibers).

Although not part of the validation procedure, the average membrane-staining intensity for all samples was analyzed (Figure 6, A through C). As expected, staining intensity (Figure 6, A) was similar between the CTRL and BMD samples.
sample sets, as well as between the BMD and DMD sample sets, which is representative of the variability of dystrophin expression among patients with BMD. However, the general order of samples visually separated DMD and CTRL samples into their respective diagnostic categories. Additionally, CTRL and DMD samples showed notable differences in mean staining intensity, indicating not only that sample labeling and analysis performance were in concordance with existing general disease knowledge but also that the optimized exposure times yielded desired results on the validation cohort with differentiation of individual DMD samples by staining intensity, whereas imaging CTRL samples was at near-saturation levels. Similar characteristics were revealed when cumulative histogram data were evaluated (Figure 6, B), displaying data from the same samples as shown in Figure 5. Most fibers stained in the CTRL samples displayed saturated signals near 1.0 arbitrary units (au), and 6332 of 6332 (100%) of fibers detected in that sample (CTRL-4) had a mean fiber intensity greater than 0.34 au, the threshold for positivity. Respectively, DMD-3 and BMD-4 had 1284 of 4899 (26.2%) and 3155 of 5921 (53.3%) of fibers, with mean fiber intensities above that threshold, respectively (Figure 6, C).

Evaluation of interrun performance of MM was part of the predefined validation plan. To that end, 10 HPFs were analyzed on 5 consecutive days. Resulting data met the acceptable residual variance of less than 2%. In fact, only one sample showed a minimal variation (<0.1% residual variance across all samples) of total fiber counts, whereas no variations were observed in the number of positive fibers (data not shown).

In summary, all predetermined performance criteria were met, resulting in the qualification and validation of a scanning and digital image-analysis process, respectively, which allows for semiautomated analysis of myofibers and their dystrophin content under the direct supervision of a trained pathologist.

**DISCUSSION**

In this article, we describe a strategy of equipment and procedure qualification, as well as algorithm validation, that aimed to produce standardized, quantitative, and reproducible results in a fashion that met the rigor required for measurements of dystrophin treatment effects in a clinical trial setting.

Reproducible fluorescent imaging is challenging, and the lack of standards or reference material makes it difficult to compare data generated from different microscopes or to monitor equipment performance over time. Therefore, we used an automated fluorescent-scanning approach and fluorescent test slides that were not subject to photobleaching to ensure that slide scans were consistent over time and image capture was performed in a standardized fashion. As shown by our data, exposure time can have a profound effect on measured parameters such as staining intensity (see Supplemental Materials).

As a first step, we recommend that the performance of the fluorescent microscope/scanning system be monitored before the capture of any study samples to ensure reproducible conditions at the optimal exposure. The exposure settings used here were chosen to bring DMD samples into an appropriate dynamic range for dystrophin quantification. Those procedures, when performed at the start of the scanning of a batch of slides, ensure that the
light intensity, optical path, and image capture are functioning correctly before study specimens are evaluated. The process and equipment tested in this study passed all qualification parameters.

Semi-quantitative assessment of fluorescent staining, including that of dystrophin staining, has been performed for years. Although the manual assessment by a pathologist is generally considered the gold standard for tissue analysis, it can be flawed.\textsuperscript{12,20,21}

Especially when viewing fluorescent staining, phenomena that influence perception of contrast and staining intensity can have a substantial effect on the pathologist’s ability to reliably and reproducibly assess samples (reviewed by Aeffner et al\textsuperscript{22}). Digital image analysis can aid in avoiding effects on data that are created by limitations of human vision.\textsuperscript{22}

Instead of relying on manual assessment by a pathologist alone, the semiautomated digital image analysis approach validated in this work aimed at providing a tool for dystrophin quantification at the myofiber membrane that can generate more-accurate, reproducible, and fully quantitative data.

Two key aspects are required for successful validation of an image analysis tool and the process described herein: (1) successful identification of muscle fibers, and (2), successful classification of dystrophin-positive muscle fibers in a fashion that recapitulates the manual scoring paradigm. Therefore, both of those aspects of MM were evaluated independently.

Total fiber counts were based on the outlining of all viable myofibers (diseased or not) via merosin immunostaining and dystrophin-positive classification was established by quantifying the dystrophin fluorescence in regions identified by merosin. Fibre counting “by hand” is not only tedious and error prone, it is also cost and time prohibitive, and it is unrealistic to expect it to be performed on entire muscle-biopsy sections that can contain as many as 10,000 fibers. Therefore, most techniques previously published on this topic have relied on the analysis of a few, selected HPFs, which may not be representative of the entire tissue section. Even when digital solutions are employed to mitigate those shortcomings, only selected HPFs are assessed. The HPF selection process itself is also prone to bias and risks not capturing biologic heterogeneity.

The HPF evaluation was followed by the evaluation of the algorithm on WSIs, with review by a trained pathologist. Through scanning the entire biopsy section, MM captured up to 17,000 fibers in the sample set presented here. Imaging a tissue section in its entirety eliminates the bias that manual selection of HPFs would introduce into any analysis. In addition, capturing a dual-labeled tissue section eliminates variability that could be introduced by single-labeled slides in consecutive sections. Here, the detection of merosin staining (by FITC) was used to create a virtual mask to quantify dystrophin (by TRITC) in membrane-associated areas only. Definition of membrane-areas via merosin labeling to outline every individual myofiber, morphological data on a fiber-by-fiber basis can be generated (such as fiber area, fiber diameter, fiber circumference, among others) and analyzed individually, in aggregates, or in subgroups (eg, dystrophin-positive versus dystrophin-negative fibers).

Although other published methods aim to exclude revertant fibers from the overall analysis,\textsuperscript{12} the currently described method generates data for every fiber identified via merosin staining. With assessment on a per-fiber basis, revertant fibers can be included in the overall data set. Postprocessing of data can have various aims, for example, (1) analyzing revertant fibers separately, (2) analyzing revertant fibers together with all other fibers, or (3) excluding revertant fibers from further analysis. In addition, because this method uses merosin labeling to outline every individual myofiber, morphological data on a fiber-by-fiber basis can be generated (such as fiber area, fiber diameter, fiber circumference, among others) and analyzed individually, in aggregates, or in subgroups (eg, dystrophin-positive versus dystrophin-negative fibers).

Despite the benefits of semiautomated image-analysis methods, including MM, there are several scenarios that can challenge their application in the intended-use setting. For example, one might find that tissue mounting in an orientation that allowed for cross-sections of myofibers at their shortest diameter was paramount to accurate fiber identification and measurement of fiber morphometric parameters. In addition, to demonstrate the methods described herein, the MANDYS106 antibody was used to stain for dystrophin. However, MM can be used to analyze a variety of different antibodies selected for staining. Antibodies binding specific epitopes should be chosen in the context of the patients’ specific DMD mutation to ensure binding sites are appropriately expressed.

Differences in dystrophin expression between BMD and DMD, between individual patients within each disease category, and between individual fibers within a single section are consistent with earlier reports in the literature.\textsuperscript{11} That includes the observation of trace-amounts of dystrophin expression in myofibers of patients with DMD,\textsuperscript{23} as well as the prevalence of revertant fibers.\textsuperscript{15} The number of revertant fibers as well as trace dystrophin expression within a patient has been shown not to change over time.\textsuperscript{15} Together with the practice of comparing pretreatment and on-treatment samples from the same patient for treatment effects, stable expression of revertant fibers eliminates further potential variables from clinical trial data evaluation.

The results generated by MM, when considered in the context of other methodologies (eg, Western blot) performed on the same biopsy sample for assessing dystrophin protein content, provides complementary confidence in the amount of dystrophin actually present. This is especially true when considering requirements to measure low levels of dystrophin in untreated patient samples in the clinical setting. The goal is to accurately determine changes in the dystrophin protein content of disease muscle after therapeutic interventions designed to restore dystrophin protein production.

In summary, we describe the qualification and validation of a scanning and digital image analysis process that allows for semiautomated identification of muscle fibers and semiautomated classification of dystrophin-labeled myofibers from samples with DMD and BMD using the MM image analysis tool. This approach has the potential of greatly improving the clinical trial process for DMD drug candidates that aim at increasing dystrophin expression. This approach provides a validated mechanism for assessing treatment effects on a molecular and cellular level, using the entirety of each muscle biopsy. Moving forward, use of MM in clinical trials will provide a rigorous test of this digital
image analysis approach within the context of quantification of biomarker changes from drug treatment.

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